

Sacramento County Community Resources



Every child
deserves a
medical home.

Alcohol and Drug Bureau	916 874-9754
Alta Regional Center Services and case management for individuals with developmental disabilities.	916 978-6400
California Children's Services (CCS) Specialized medical care for children with eligible medical conditions (ages 0 up to 21 years).	916 875-9900
Child Action, Inc. Listings of child care and preschool programs as well as subsidy information.	916 369-0191
Child Health & Disability Prevention (CHDP) Free health checkups and immunizations for low income children (ages 0 up to 19, or 21 with Medi-Cal).	916 875-7151
Dental Care (Denti-Cal) Referrals to dental services for Medi-Cal eligible individuals (all ages).	800 322-6384
Family Crisis	
	Parent Support 916 394-2005
	Mental Health Crisis Line 916 732-3637
Head Start Provides educational, health and social services to low-income children including children with special needs (ages 0 up to 6).	916 263-3804
Health and Human Services (Mental Health) Assessment, counseling, referral, and other services for mental health and substance problems.	916 875-7070
Human Assistance Agency Services for families in the areas of financial, housing, food stamps and child protective services.	916 874-2072
Medi-Cal/Healthy Families Programs Free and low cost health insurance with eligibility based on family income. Healthy Kids and Young Adults Medi-Cal	888 747-1222
Special Education Local Plan Areas (SELPA)	
	Elk Grove 916 686-7784
	Sacramento City 916 643-9163
	Sacramento County 916 228-2446
	San Juan 916 971-7953
Supplemental Security Income (SSI) Cash assistance and Medi-Cal to low income disabled individuals (all ages).	800 772-1213
Warmline Family Resource Center Free information, referral services, advocacy, and parent-to-parent support for children with disabilities or special health care needs (ages 0 up to 22 years).	916 922-9276 800 660-7995
Women, Infants, and Children (WIC) Nutrition and breastfeeding counseling, food vouchers, and breast pump loans to low income pregnant or nursing women, infants, and children (ages 0-5).	916 427-5500

CRISS Project (Children's Regional Integrated Service System)
Lucile Packard Children's Hospital

510 540-8293