

# San Mateo County Community Resources



Every child deserves  
a medical home.

## California Children Services (CCS)

Specialized medical care for children with eligible medical conditions (ages 0 up to 21 years).

650 573-2755

## Child Care Referrals (4 Cs)

Listings of child care and preschool programs as well as subsidy information.

650 655-6770

## Child Health & Disability Prevention (CHDP)

Free health checkups and immunizations for low income children (ages 0 up to 19 years; 21 if Medi-Cal).

650 573-2877

## Dental Care (Denti-Cal)

Referrals to dental services for Medi-Cal eligible individuals (all ages).

800 322-6384

## Family Crisis

Counseling and resource information.

Parent Support Line 888 220-7575

Youth & Family Enrichment Services 650 591-9623

## Family Assistance Programs

Services for families in the area of financial, housing & food assistance.

Food Stamps 650 802-6470

Housing 650 802-3300

## Golden Gate Regional Center

Services and case management for those with developmental disabilities including Early Intervention Services.

650 574-9232

New Intakes 888 339-3305

## Head Start

Educational, health & social services to low income children, including children with special needs (ages 0 up to 6 years).

650 871-5613

## Health Plan of San Mateo (Medi-Cal)

County operated health system providing health care to low income individuals.

800 696-4776

## Healthy Families

Assistance with health care to low income children (ages 0 up to 18 years).

888 742-1222

## Healthy Kids (Health Plan of San Mateo)

Assistance with health care to low income children (ages 0 up to 18 years).

650 616-0050

## Legal Aid of San Mateo County

Counsel and advise on a variety of legal topics.

650 558-0915

## Mental Health

Evaluation, referral, and services to those with mental health or substance abuse problems (all ages).

Drug and Alcohol 650 802-6400

Mental Health Crisis Line 650 579-0350

Mental Health Access Team 650 686-0101

## Special Education Local Plan Area (SELPA)

Special Education services through local public schools for eligible students with special needs (ages 3 up to 22 years).

650 802-5464

## Supplemental Security Income (SSI)

Cash assistance and Medi-Cal to low-income individuals with disabilities (all ages).

Hotline 800 772-1213

## Women, Infants and Children (WIC)

Nutrition and breastfeeding counseling, food vouchers, and breast pump loans to low income pregnant or nursing women, infants and children (ages 0 up to 5 years).

650 573-2168

Agencies	Eligibility	Income Requirements	Services
<b>Gatepath Family Resource Center</b>  (650) 259-0189	<ul style="list-style-type: none"> <li>• Ages 0 up to 22 years</li> <li>• All families and/or caregivers of special needs children residing in San Mateo County</li> </ul>	<ul style="list-style-type: none"> <li>• No income limits</li> </ul>	<ul style="list-style-type: none"> <li>• Parent to parent support for families of children with special health and developmental needs</li> <li>• Free information and referral services to generic agencies</li> <li>• Quarterly newsletter</li> <li>• Resource library</li> <li>• Training &amp; Advocacy</li> </ul>
<b>Special Education Local Plan Area (SELPA)</b>  (650) 802-5464	<ul style="list-style-type: none"> <li>• Ages 0 up to 22 years</li> <li>• District assessment process determines eligibility</li> <li>• Disability categories: autism; deafness; deaf-blind; emotional disturbance; hearing impairment; mental retardation; multiple disability; orthopedic impairment; other health impairment; specific learning disability; speech/language impairment; traumatic brain injury; visual impairment, including blindness</li> <li>• <b>AND</b> who need special education to benefit from public education</li> <li>• Early Start eligible: Solely Low Incidence (SLI) - hearing, visual and orthopedic impairments</li> </ul>	<ul style="list-style-type: none"> <li>• No income limits</li> <li>• Free and Appropriate Public Education (FAPE), at no cost to the parents, in the Least Restrictive Environment (LRE).</li> </ul>	<ul style="list-style-type: none"> <li>• Support / Oversight of special education services delivered by local school districts</li> <li>• Individualized Education Program (IEP)</li> <li>• Specialized instruction and educationally necessary Related Services such as:               <ul style="list-style-type: none"> <li>• Home visits/Respite (Early Start only)</li> <li>• Assistive Technology (AT)/services</li> <li>• Family training, counseling</li> <li>• Nursing assessments</li> <li>• Hearing Screening and services</li> <li>• Vision screening &amp; services</li> <li>• Health-related services at school</li> <li>• OT &amp; PT</li> <li>• Psychological, Mental Health services</li> <li>• Speech/Language services</li> <li>• Adaptive Physical Education</li> <li>• Transportation</li> <li>• Others as needed (not an exhaustive list)</li> </ul> </li> </ul>
<b>Golden Gate Regional Center</b>  (650) 574-9232  New Intakes: (888) 339-3305	<ul style="list-style-type: none"> <li>• Life Span</li> <li>• Developmental disabilities including intellectual disability, cerebral palsy, epilepsy, autism</li> <li>• Early Start eligible (see below)</li> </ul>	<ul style="list-style-type: none"> <li>• No income limits</li> <li>• Co-pay required on respite, daycare and camping services for families over 400% of Federal Income Guidelines (FIG) [also known as Federal Poverty Level, or FPL] and whose children are ages 3 up to age 18.</li> </ul>	<ul style="list-style-type: none"> <li>• Early Intervention services (see Early Start below)</li> <li>• Non-medical services, mostly case-management</li> <li>• Family support, respite, crisis intervention, special living arrangements, community integration</li> <li>• Interpreter/translator, advocacy, transportation vouchers</li> <li>• Assessment, rehabilitation and training, treatment, therapy, prevention, special equipment (usually as payer of "last resort")</li> </ul>
<b>Early Start Early Intervention Program</b>  (888) 339-3305	<ul style="list-style-type: none"> <li>• 0 up to age 3</li> <li>• At risk for Developmental Disabilities</li> <li>• Developmentally delayed</li> <li>• Diagnosed physical or mental condition that has a high probability of resulting in a developmental delay</li> <li>• Solely Low Incidence (SLI) hearing, visual and orthopedic impairments</li> </ul>	<ul style="list-style-type: none"> <li>• No income limits</li> </ul>	<ul style="list-style-type: none"> <li>• Assistive devices/services</li> <li>• Audiology services</li> <li>• Case management</li> <li>• Family training, counseling, home visits</li> <li>• Some Health services               <ul style="list-style-type: none"> <li>• Diagnostic services</li> <li>• Nutritional counseling</li> <li>• Psychological services</li> <li>• Social work services</li> <li>• Special instruction</li> <li>• Speech/language services</li> <li>• Transportation</li> <li>• Vision services</li> <li>• Others as needed</li> </ul> </li> <li>• Nursing</li> <li>• OT &amp; PT</li> <li>• Respite</li> </ul>
<b>County Mental Health</b>  (800) 686-0101	<ul style="list-style-type: none"> <li>• Life Span</li> <li>• Children/Youth with full scope Medi-Cal (0 up to age 21)</li> <li>• Children/Youth in Healthy Families Program (0 up to age 19)</li> <li>• Special Education referrals from schools (0 up to age 22)</li> </ul>	<ul style="list-style-type: none"> <li>• Medi-Cal or Healthy Families income limits</li> <li>• No income limits if referred by school system</li> </ul>	<ul style="list-style-type: none"> <li>• Outpatient assessment or psychological evaluation &amp; referral to community practitioners</li> <li>• Psychological emergency services (for a fee, if not covered by insurance)</li> </ul>
<b>California Children Services (CCS)</b>  (650) 573-2755	<ul style="list-style-type: none"> <li>• 0 up to age 21</li> <li>• Children and youth with physical injuries, illness, or disabilities (see CCS diagnoses below)</li> </ul>	<ul style="list-style-type: none"> <li>• For diagnostics, PT &amp; OT: no income requirements</li> <li>• For coverage of CCS condition, income &lt; \$40,000</li> <li>• If medical expenses &gt; 20% family income</li> </ul>	<ul style="list-style-type: none"> <li>• Diagnostic services</li> <li>• High Risk Infant Program</li> <li>• All services which apply to condition: doctors, hospital, surgery, PT, OT, lab tests, x-rays, orthopedic &amp; medical equipment, case management including transportation and maintenance</li> </ul>
<b>CCS Diagnoses:</b>			
<ul style="list-style-type: none"> <li>• Heart conditions</li> <li>• Neoplasms</li> <li>• Blood disorders (hemophilia, sickle cell anemia)</li> <li>• Respiratory system disorders (cystic fibrosis, chronic lung disease)</li> <li>• Endocrine, nutritional &amp; metabolic disorders (PKU, thyroid problems or diabetes)</li> <li>• Genito-urinary system disorders (serious kidney problems)</li> <li>• Gastrointestinal system disorders (biliary artesia)</li> <li>• Serious birth defects (cleft lip/palate, spina bifida)</li> <li>• Nervous system disorders (cerebral palsy, uncontrolled epilepsy)</li> </ul>		<ul style="list-style-type: none"> <li>• Sense organ disorders (hearing loss, loss of vision due to glaucoma or cataracts)</li> <li>• Musculoskeletal &amp; connective tissue disorders (muscular dystrophy, JRA)</li> <li>• Severe disorders of the immune system (HIV)</li> <li>• Disabling injuries &amp; poisonings requiring intensive care or rehabilitation (severe brain, spinal cord injuries &amp; burns)</li> <li>• Complications of premature birth requiring an intensive level of care</li> <li>• Skin &amp; subcutaneous tissue disorders (severe hemangioma)</li> <li>• Medically handicapping malocclusion</li> </ul>	