

Contra Costa County Community Resources



Every child deserves
a medical home.

ACCESS

Alcohol and substance abuse information, services and resources in Contra Costa County.

800 846-1652

Bay Area Legal Aid

800 551-5554

California Children Services (CCS)

Specialized medical care for children with eligible medical conditions (ages 0 up to 21 years).

925 313-6100

CARE Parent Network

Parent-to-parent support, information and referral, and training for parents of children with special needs (ages 0 up to 22 years).

800 281-3023

Child Health & Disability Prevention (CHDP)

Free health checkups and immunizations for low income children (ages 0 up to 19 years; 21 if Medi-Cal).

925 313-6150

Contra Costa Child Care Council

Referrals for child care.

Antioch	925 778-5437
Brentwood	925 513-7900
Concord	510 262-7700
Richmond	510 412-3000
San Ramon	925 676-5437

Contra Costa Crisis Center

24 hour crisis line.

800 322-2900

Dental Care (Denti-Cal)

Referrals to dental services for Medi-Cal eligible individuals (all ages).

800 322-6384

Employment & Human Services

Financial assistance, food stamps, and Medi-Cal.

Antioch	925 706-4980
Hercules	510 262-7700
Martinez	925 313-1500
Richmond	510 412-3000

Head Start

Educational, health & social services to low income children, including children with special needs (ages 0 up to 6 years).

West County	510 374-7144
East County	650 427-8852

Healthy Families

Assistance with health care for low income children (ages 0 up to 18 years).

888 742-1222

Homeless Hotline/Crisis Center

24 hour referral line.

800 808-6444

Mental Health Services

Counseling for children and families.

888 678-7277

Regional Center of the East Bay

Services and case management for those with developmental disabilities including Early Intervention Services.

New Intakes	510 383-1200
Concord	925 798-3001

Special Education Local Plan Area (SELPA)

Special Education services through local public schools for eligible students with special needs (ages 3 up to 22 years).

Contra Costa SELPA	925 827-0949
Mount Diablo SELPA	925 682-8000
San Ramon Valley SELPA	925 820-5277
West Contra Costa SELPA	510 741-2801
County Office of Education	925 942-3388

STAND! Against Domestic Violence

Shelter for female victims of domestic violence.

888 215-5555

Supplemental Security Income (SSI)

Cash assistance and Medi-Cal to low-income individuals with disabilities (all ages).

800 772-1213

Women, Infants and Children (WIC)

Nutrition and breastfeeding counseling, food vouchers, and breast pump loans to low income pregnant or nursing women, infants and children (ages 0 up to 5 years).

800 414-4942



Lucile Packard
Children's Hospital
at Stanford

CRISS Project (Children's Regional Integrated Service System) 510 540-8293
Lucile Packard Children's Hospital

Agencies	Eligibility	Income Requirements	Services
<p>CARE Parent Network</p> <p>(800) 281-3023</p>	<ul style="list-style-type: none"> • Ages 0 up to 22 years • All families and/or caregivers of special needs children residing in Contra Costa County 	<ul style="list-style-type: none"> • No income limits 	<ul style="list-style-type: none"> • Parent to parent support for families of children with special health and developmental needs • Free information and referral services to generic agencies • Quarterly newsletter • Resource library • Training & Advocacy
<p>Special Education Local Plan Area (SELPA)</p> <p>See side 1 for each SELPA telephone</p>	<ul style="list-style-type: none"> • Ages 0 up to 22 years • District assessment process determines eligibility • Disability categories: autism; deafness; deaf-blind; emotional disturbance; hearing impairment; mental retardation; multiple disability; orthopedic impairment; other health impairment; specific learning disability; speech/language impairment; traumatic brain injury; visual impairment, including blindness • AND who need special education to benefit from public education • Early Start eligible: Solely Low Incidence (SLI) - hearing, visual and orthopedic impairments 	<ul style="list-style-type: none"> • No income limits • Free and Appropriate Public Education (FAPE), at no cost to the parents, in the Least Restrictive Environment (LRE). 	<ul style="list-style-type: none"> • Support / Oversight of special education services delivered by local school districts • Individualized Education Program (IEP) • Specialized instruction and educationally necessary Related Services such as: <ul style="list-style-type: none"> • Home visits/Respite (Early Start only) • Assistive Technology (AT)/services • Family training, counseling • Nursing assessments • Hearing Screening and services • Vision screening & services • Health-related services at school • OT & PT • Psychological, Mental Health services • Speech/Language services • Adaptive Physical Education • Transportation • Others as needed (not an exhaustive list)
<p>Regional Center of the East Bay (RCEB)</p> <p>New intake: (510) 383-1200 Concord: (925) 798-3001</p>	<ul style="list-style-type: none"> • Life Span • Developmental disabilities including intellectual disability, cerebral palsy, epilepsy, autism • Early Start eligible (see below) 	<ul style="list-style-type: none"> • No income limits • Co-pay required on respite, daycare and camping services for families over 400% of Federal Income Guidelines (FIG) [also known as Federal Poverty Level, or FPL] and whose children are ages 3 up to age 18. 	<ul style="list-style-type: none"> • Early Intervention services (see Early Start below) • Non-medical services, mostly case-management • Family support, respite, crisis intervention, special living arrangements, community integration • Interpreter/translator, advocacy, transportation vouchers • Assessment, rehabilitation and training, treatment, therapy, prevention, special equipment (usually as payer of "last resort")
<p>Early Start Early Intervention Program</p> <p>New intake: (510) 618-6195</p>	<ul style="list-style-type: none"> • 0 up to age 3 • At risk for Developmental Disabilities • Developmentally delayed • Diagnosed physical or mental condition that has a high probability of resulting in a developmental delay • Solely Low Incidence (SLI) hearing, visual and orthopedic impairments 	<ul style="list-style-type: none"> • No income limits 	<ul style="list-style-type: none"> • Assistive devices/services • Audiology services • Case management • Family training, counseling, home visits • Some Health services <ul style="list-style-type: none"> • Diagnostic services • Nutritional counseling • Psychological services • Social work services • Special instruction • Speech/language services • Transportation • Vision services • Others as needed • Nursing • OT & PT • Respite
<p>County Mental Health</p> <p>(888) 678-7277</p>	<ul style="list-style-type: none"> • Life Span • Children/Youth with full scope Medi-Cal (0 up to age 21) • Children/Youth in Healthy Families Program (0 up to age 19) • Special Education referrals from schools (0 up to age 22) 	<ul style="list-style-type: none"> • Medi-Cal or Healthy Families income limits • No income limits if referred by school system 	<ul style="list-style-type: none"> • Outpatient assessment or psychological evaluation & referral to community practitioners • Psychological emergency services (for a fee, if not covered by insurance) • Assessment and/or educationally necessary mental health related services of an Individualized Educational Plan (IEP) if school district contracts with CMH.
<p>California Children Services (CCS)</p> <p>(925) 313-6100</p>	<ul style="list-style-type: none"> • 0 up to age 21 • Children and youth with physical injuries, illness, or disabilities (see CCS diagnoses below) 	<ul style="list-style-type: none"> • For diagnostics, PT & OT: no income requirements • For coverage of CCS condition, income < \$40,000 • If medical expenses > 20% family income 	<ul style="list-style-type: none"> • Diagnostic services • High Risk Infant Program • All services which apply to condition: doctors, hospital, surgery, PT, OT, lab tests, x-rays, orthopedic & medical equipment, case management including transportation and maintenance
<p>CCS Diagnoses:</p>			
<ul style="list-style-type: none"> • Heart conditions • Neoplasms • Blood disorders (hemophilia, sickle cell anemia) • Respiratory system disorders (cystic fibrosis, chronic lung disease) • Endocrine, nutritional & metabolic disorders (PKU, thyroid problems or diabetes) • Genito-urinary system disorders (serious kidney problems) • Gastrointestinal system disorders (biliary artesia) • Serious birth defects (cleft lip/palate, spina bifida) • Nervous system disorders (cerebral palsy, uncontrolled epilepsy) 		<ul style="list-style-type: none"> • Sense organ disorders (hearing loss, loss of vision due to glaucoma or cataracts) • Musculoskeletal & connective tissue disorders (muscular dystrophy, JRA) • Severe disorders of the immune system (HIV) • Disabling injuries & poisonings requiring intensive care or rehabilitation (severe brain, spinal cord injuries & burns) • Complications of premature birth requiring an intensive level of care • Skin & subcutaneous tissue disorders (severe hemangioma) • Medically handicapping malocclusion 	